



SCHOOL OF DANCE

## BALLET THEORY QUESTIONS

### Grade I

A candidate will be asked to demonstrate/answer 2 questions in the examination

- Q.1** Can you demonstrate a Plié?
- Q.2** What does Demi Plié mean? **A.** Half bend
- Q.3** Where are the knees in a Demi Plié? **A.** Directly over the foot
- Q.4** Should the body remain straight in a Demi Plié? **A.** Yes
- Q.5** Where are the heels during Demi Plié? **A.** One the floor
- Q.6.** Demonstrate a Battement Tendu
- Q.7** What does the word 'Tendu' mean? **A.** Stretched or extended
- Q.8.** Does the toe leave the floor during a Tendu **A.** No
- Q.9.** Should you use the metatarsals in a Tendu? **A.** Yes
- Q.10** Show where the metatarsals are
- Q.11** What does Port de Bras mean? **A.** Carriage of the arms
- Q.12** Show Bras Bas/1st/2nd position of arms
- Q.13** What does the word 'Rond' mean? **A.** Round
- Q.14** What does 'a' 'terre' mean? **A.** On the ground
- Q.15** Can you demonstrate a Glissade?
- Q.16** How does a Glissade start and finish? **A.** In a Demi Plié
- Q.17** How many Tendus are there in a Glissade? **A.** Two
- Q.18** Do you jump in a Glissade? **A.** No
- Q.19** How do you describe the 'rise' in a Glissade? **A.** Going over a hump back bridge
- Q.20** Can you show me a Petit Sauté?
- Q.21** What does 'Sauté' mean? **A.** Jump or Spring
- Q.22** What does 'Petit' mean? **A.** Small or little
- Q.23** Do you stretch the toes fully in a Sauté when you jump? **A.** Yes
- Q.24** Must you use the Demi-Plié with heels down fully in Sauté? **A.** Yes
- Q.25** How many heels are down in Spring Points? **A.** One