



BALLET THEORY QUESTIONS Grade I

A candidate will be asked to demonstrate/answer 2 questions in the examination

- Q.1** Can you demonstrate a Plié?
- Q.2** Does 'demi' mean half or full? **A.** Half
- Q.3** Does 'Plié' mean bend or stretch? **A.** Bend
- Q.4** Should the body remain straight in a Demi Plié? **A.** Yes
- Q.5** Should the heels remain on the floor in a Demi Plié? **A.** Yes
- 6.** Demonstrate a Battement Tendu
- Q.7** Does the toe leave the floor during a Battement Tendu? **A.** No
- 8.** Could you demonstrate 1st, 2nd, 3rd, 4th or 5th positions of the arms (one position per candidate will be asked for in the exam)
- 9.** Can you demonstrate a Glissade Devant?
- Q.10** What does 'Devant' mean? **A.** Front
- Q.11** Should both feet point during a Glissade? **A.** Yes
- Q.12** Do the toes remain on the floor in a Glissade? **A.** Yes
- 13** Can you show me a Petit Sauté?
- Q.14** Does 'Petit' mean large or small? **A.** Small/Little
- Q.15** What does 'Sauté' mean? **A.** Jump/Spring
- Q.16** Is it important to finish in a Demi Plié when landing in Petit Sauté? **A.** Yes



Q.17 Should the toes be fully stretched when jumping in Petit Sauté?

A. Yes

Q.18 What does 'Révérence' mean?

A. Thank you

Q.19 Is the back heel down in Spring Points

A. Yes

Q.20 What does Port de Bras mean?

A. Carriage of the arms