



## **BALLET THEORY QUESTIONS**

### **Grades VI & VII & Intermediate Foundation and Intermediate**

A candidate will be asked to demonstrate/answer 2 questions in the examination

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|------------|---|-----------|--|
| <b>Q.1</b> | What is the correct height of Rond de Jambe en L'air?   | <b>A.</b> | When the thigh of the working leg is horizontal  |
| <b>Q.2</b> | How many ways can the Rond de Jambe be executed?  | <b>A.</b> | Two, En Dehors and En Dedans   |
| <b>Q.3</b> | What is Epaulment?  | <b>A.</b> | A movement of the shoulders, with one forward and one back   |
| <b>Q.4</b> | What are the movements of the arm and the leg from Devant to second in Fouetté Rond de Jambe? | <b>A.</b> | The arm and the leg move together  |
| <b>Q.5</b> | What is the essential movement of the feet in Relevé in 5 <sup>th</sup> ?                     | <b>A.</b> | To snatch both feet together so that one covers the other  |
| <b>Q.6</b> | What is the movement of the supporting leg in Relevé on one foot?                             | <b>A.</b> | To draw it underneath the centre of the body   |
| <b>Q.7</b> | In Posé turn and Preparation for Posé turn what happens to the weight of the body?            | <b>A.</b> | The weight is taken fully over the supporting leg on the Posé  |
| <b>Q.8</b> | How should the Coupé be executed in Posé turn and Preparation for Posé turns?                 | <b>A.</b> | The Coupé should be taken straight behind the supporting leg and must not fall backwards or away   |
| <b>Q.9</b> | What is an Arabesque?   | <b>A.</b> | A position of the body where the weight is over the supporting leg and the other leg is extended and straight. It can be a terre or on l'air |

# Angel

SCHOOL OF DANCE

**Q.10** What does Penché mean?

**A.** Leaning

**Q.11** What is an Attitude?

**A.** A balance on one straight leg, the other bent in 4<sup>th</sup> croisé

**Q.12** Should the working foot in Attitude be higher than the knee?

**A.** No

**Q.13** How many directions of turning are there in Pirouettes?

**A.** Two, En Dehors and En Dedans

**Q.14** What is the meaning of the word Couru?

**A.** Running

**Q.15** What is the meaning of Emboité?

**A.** Dovetailed

**Q.16** Give the French word for:

- I. Front
- II. Forwards
- III. Back
- IV. Backwards
- V. Open
- VI. Close

**A.**

- I. Devant
- II. En Avant
- III. Derrière
- IV. En Arrière
- V. Ouverte
- VI. Fermé

**Q.17** Describe a Sisonne Doublée

**A.** A Sisonne Ouverte followed by a Coupé and an Assemblé