



### **BALLET THEORY QUESTIONS    Grade V**

A candidate will be asked to demonstrate/answer 2 questions in the examination

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|-------------|--|-----------|---|
| <b>Q.1</b>  | In a 'Plié' in 4 <sup>th</sup> , how is the weight distributed?                | <b>A.</b> | Centred equally between both feet                               |
| <b>Q.2</b>  | What does 'En Croix' mean?   | <b>A.</b> | In the shape of a cross   |
| <b>Q.3</b>  | Should the upward movement of the leg in Grand Battement be thrown or carried? | <b>A.</b> | Thrown  |
| <b>Q.4</b>  | What does 'En Arrière' mean?   | <b>A.</b> | To the back/backwards   |
| <b>Q.5</b>  | Should the emphasis be up or down in demi and full pointe work?                | <b>A.</b> | Up: to stay up twice as long as down                            |
| <b>Q.6</b>  | In Enchappé Relevé, are the feet equally extended?                             | <b>A.</b> | Yes   |
| <b>Q.7</b>  | Should one foot totally cover the other in Relevé 5 <sup>th</sup> ?            | <b>A.</b> | Yes   |
| <b>Q.8</b>  | What is a Demi Detourné?   | <b>A.</b> | A Relevé in 5 <sup>th</sup> with a ½ turn towards the back foot |
| <b>Q.9</b>  | What does 'Rotation' mean?   | <b>A.</b> | To rotate/turn out  |
| <b>Q.10</b> | What is the meaning of 'Tombé'?  | <b>A.</b> | Fall onto   |
| <b>Q.11</b> | What does 'Fouetté' mean?  | <b>A.</b> | Whipped   |
| <b>Q.12</b> | What does 'Recourcé' mean?   | <b>A.</b> | Shortened   |
| <b>Q.13</b> | What does 'Pas de Valse' mean?   | <b>A.</b> | Waltz step  |
| <b>Q.14</b> | Describe Pas de Bourrée Dessous/over   | <b>A.</b> | Step front-side-behind  |
| <b>Q.15</b> | Describe Pas de Bourrée Dessous/under  | <b>A.</b> | Step behind-side-front  |
| <b>Q.16</b> | Can these be executed with both the front and the back foot?                   | <b>A.</b> | Yes   |